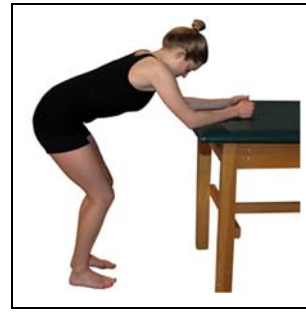
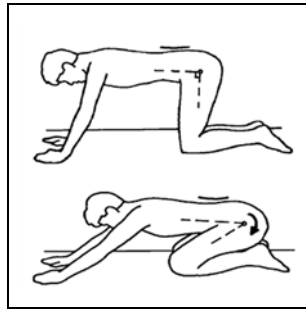


PhysioTools Online Premium



Comprehensive Package - Excellent Value

PhysioTools Online Premium provides a cost effective option for organisations requiring a wide range of multi-professional content in different specialist areas. It can be used from any device with Internet access to create a personalised exercise program with videos that can be emailed, printed or sent to PT Momentum - the exercise motivator App.

The program and content are updated automatically and you can easily access our free helpdesk services and tutorials.

Content in PhysioTools Online Premium:

REHABILITATION

- General Exercises 2nd Edition
- Back Care
- Balance & Falls Prevention
- Cardiovascular and Flexibility Exercises
- Contracture Prevention
- Deep Fascia Exercises
- Falls Prevention with Pulley Equipment
- Foot and Ankle Strengthening
- Fracture Prevention
- Incontinence
- JEMS® Dynamic Movement Progressions for Trunk and Lower Body
- JEMS® Connected and Controlled Upper Extremity
- Lower Extremity Amputee Home Exercises
- Lower Extremity Basic Exercises
- Muscle Retraining - Strengthening & Stretching
- Pelvic Floor
- Pilates
- Pilates for People in Pain
- Respiratory Care
- Rollator Walker – Functional and Balance Exercises
- Saunders Basic Collection
- Speech Therapy
- Stretching Exercises
- Tape Yourself

- The Knee (Taping)
- The Shoulder (Taping)
- Therapeutic Ball Exercises
- Thera-Band® System of Progressive Resistance™
- Vestibular and Balance Exercises
- Whole-Body Joint Looseners and Variations for Special Needs
- Yoga for Rehab and Wellbeing

PAEDIATRICS

- Children with Motor Delay
- Handling the Young Child with Cerebral Palsy at Home
- Mothers and Babies
- Motor Activities for Children
- Paediatric Exercises and Burn Care Advice
- Paediatrics Musculo-skeletal
- Paediatrics Neuro-developmental & Motor Learning
- Paediatrics Respiratory

OCCUPATIONAL THERAPY

- Hand and Upper Extremity
- Managing at Home
- Personal Care - Occupational Therapy

NEUROLOGY

- General Neurology
- Home Care for the Stroke Patient
- Neurological Rehabilitation

Visit www.physiotools.com for full details about each of the products

MANUAL THERAPY

Active Rehabilitation MFT and Sequence Training
Cervical Spine Dynamic Stability/Kinetic Control
Corrective Exercises for Movement System
 Impairment
Get the Nerve to Move - Treatment Techniques
Lumbo-Pelvic Dynamic Stability/Kinetic Control
Lumbar Spine Dynamic Stability/Kinetic Control
Medical Exercise Therapy
Movement Impairment Correction Exercises
Neurodynamics – Cervical Exercises
Upper Quadrant Dynamic Stability/Kinetic Control
Vertebral Column Examination and Treatment

SPORTS AND FITNESS

55+ Motor Control and Balance
55+ Gym Training
Conditioning for Fitness and Martial Arts
Fitness and Sports Therapy
Fitness Training for Falls Prevention
Functional Training with Fitness Equipment
HUR Training
Stretching
Weightlifting for All
Weight Training

AQUATIC

Aquarobics for Rehab and Fitness
Aquatic Therapy
Hydrotherapy

EDUCATION AND INFORMATION

Acupuncture
Anatomy Trains – Myofascial Meridians
Breast Self-Examination for Screening
Lower Back Pain
Medihelp Musculoskeletal System
Neck and Shoulder Pain
Posture, Body Mechanics & Ergonomics for the Spine
 and Extremities
Primal Pictures Anatomy 1 for PhysioTools
Sports and Exercise Injuries
Sprained Ankle – Acute Care, Taping & Rehabilitation
 Training
Taping Techniques

COMPLIMENTARY MODULES

Bowflex Pro-Strength Conditioning
Equine Stretches
Evidence Based Protocols & Templates
FLOWIN® Friction Training™
Gymstick Exercises
Kettle Bell
PT Extra
PT Extra - Musculoskeletal Health
PT Extra - Positioning
PT Extra - Walking with Crutches
PT Extra – Exercises for Leg in a Cast
PT Extra – Exercises for Arm in a Cast
Thera-Band Exercises 1
Thera-Band Foam Roller
Whole Body Vibration Training

***Licences explained:** The number of licences you need is equal to the number of persons who require access to PhysioTools at the same time. When one person logs out, another can log in; so one licence can be shared by several people. Create an unlimited number of users and allocate each user their own unique username and password. PhysioTools Online includes one licence. If additional persons require access to PhysioTools at the same time then order additional licences accordingly.

System requirements: Broadband internet access

Instructions are available in: Afrikaans, Arabic, Bengali, Chinese (traditional & simplified), Czech, Danish, Dutch, English, Estonian, Farsi, Finnish, French, German, Greek, Hebrew, Indonesian, Italian, Japanese, Korean, Norwegian, Polish, Portuguese, Russian, Slovak, Slovenian, Spanish, Swedish, Turkish